



SACRED HEART HIGH SCHOOL

C O L L E G E P R E P A R A T O R Y

Be Empowered | Be Unstoppable

SHADOW DAY / COMET RALLY DAY

Information, Registration, & Permission Slip

We invite 8th grade students to experience Sacred Heart High School firsthand by scheduling a Shadow Day! On your Shadow Day, you'll spend a day with a SHHS student Ambassador. You'll experience her classes, teachers and schedule firsthand. You'll meet other SHHS students and get a sense for what it's like to be a Comet. We'll answer any questions you may have throughout the day, and best of all, you'll have fun being a Comet for a day!

To register for your Shadow Day at Sacred Heart HS, please read the information below and complete the registration and permission slip form below. We look forward to meeting you and having you on our campus. If you have any questions, please contact Wendy Navarro, Director of Admissions & Marketing, at wendy.navarro@shhs-la.org

1. A Shadow Day lasts from 8am – 12:30pm on Mondays. Our Comet Rally Day is from 8am – 3pm on Wednesday, October 9th. Student should arrive no later than 7:45am to our Front Office for registration. Ambassadors will pick up students at the office and will retrieve this permission slip from them. We ask you turn this information in before her Shadow Day.
2. You will receive an email from our Admissions Office, a few days prior to your Shadow Day to confirm and remind you of your scheduled Shadow Day.
3. We prefer to host 8th grade students on Mondays, however, if you need to request another date, we will be happy to work with you to accommodate your schedule. Please contact our Admissions Office.
4. We will make every effort possible to accommodate requests to shadow a specific students.
5. 8th graders should be dropped off and picked up at our Main Office on Griffin Ave. Parents may park on Baldwin Ave. and come in with their daughter if they wish, but this is not required. Ambassadors will greet students in our main lobby.
6. Please arrange your Shadow Day at least one week in advance to make it as personalized as possible.
7. Students must come in their school uniform and free snack/lunch will be provided.

Please complete the form and deliver to the Admissions Office before or the day of your Shadow Day.



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Student's Full Name: _____ Current Grade: _____

Parent Name: _____ Parent Email: _____

Address: _____ City: _____ Zip: _____

Phone Number: _____ Student Phone: _____

Current School: _____ Student Email: _____

I request my student be allowed to participate in a SHHS shadow day and specifically consent to her participation in all class activities. If any emergency medical procedures or treatment are required during the day, I consent to the school administration taking, arranging for or consenting to the procedures or treatment at her/their discretion.

Parent/Guardian Signature _____ Date _____

Student/Participant Signature _____ Date _____

Which would you like to attend: Shadow Day (Mondays 8am – 12:30pm) Date _____
 Comet Rally Day (Wednesday, Oct. 9 – 8am – 3pm)

Student's Interests Sports & Clubs: Cross Country Volleyball Basketball Soccer Softball

Track & Field Student Government/ASB Other Clubs: _____

Student's Academic Interest: Math Science English/Language Arts History Religion Art

Music Theater Dance AP & Honor Courses Other Interests: _____

If you would like to Shadow with a specific student, please indicate here: _____

How did you hear about our Shadow Days: _____

During our Shadow Days, photographs are taken and may be used on the school's website, social media sites, marketing materials, or with press releases to local media outlets. 8th grade students' full names are never published with their photographs on our website or social media sites. Please indicate below where or not you give Sacred Heart HS permission to use the student's photograph in any of the above.

Yes No