

# SACRED HEART HIGH SCHOOL

## 2021-2022 Safety Plan

Isaiah 40:31...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint!

As we begin this school year, our PRIMARY objective is to protect the health and safety of our school community members while maintaining a stable, uninterrupted in-person instruction for all students. To prevent outbreaks which will lead to quarantines and periods of distance learning, following the SHHS Safety Plan will mitigate on-campus transmission and prevent a return to distance learning. At a time when cases are increasing in our communities, we cannot afford to let our guard down. **Moreover, we have a duty of care for one another, for the common good and to protect life.** Let's have a strong start to this school year by keeping our students and staff safely in-person and united in faith.

The Sacred Heart Safety Plan is a comprehensive layered strategic approach to mitigate the transmission of COVID-19 for the principle objective to protect the health and safety of our school community members while maintaining a stable, uninterrupted in-person instruction for all students. Though we cannot eliminate the risk of transmission, if we remain vigilant and follow public health orders and our safety plan, our school will avoid quarantines and outbreaks and remain open.

***Please note: Sacred Heart High School may enact stricter standards, but not less (as mandated by LA public health). We are required to enforce these mandates, as we would with any applicable civil law, regulation, or policy. "As we have from the beginning of the pandemic, the Archdiocese of Los Angeles will maintain its alignment with public health orders."***

The Sacred Heart Safety Plan includes:

- 1) Screening for Symptoms
- 2) Testing
- 3) Ventilation and Cleaning
- 4) Vaccinations
- 5) Masking
- 6) Travel Restrictions
- 7) Limit Visitors on Campus
- 8) Notification/Exposure Management

## 1)SCREENING

### Students and Symptoms

Students with symptoms will not attend school and parents should consult their healthcare provider and follow CDC considerations regarding their return to school. For students who are diagnosed with COVID-19, either by a laboratory test or based on their symptoms, return to school is permissible when the student is at least 10 days from symptom onset, has had one day with no fever and has improving symptoms. Return to school for children with an alternate diagnosis is at the discretion of their healthcare provider and/or Sacred Heart Administration. Students with a known close contact with COVID-19 (or an adult with symptoms compatible with COVID-19) should stay home for 5 days from their last contact and may return to school after 7 days with a negative COVID test as approved by LACDPH. Please call us if your daughter is experiencing symptoms. **IF YOU DON'T FEEL WELL. STAY HOME!!!**

### Screening students for COVID-19 at home

Students will be asked to download the campus health screening app, EDVERUM, on their phone or tablet. We ask that each student complete the health screening questions before they leave their house.

Upon arrival at school, we ask all students to enter via the Mozart gate. This is the only gate open for entry. There will be two SHHS employees to check you in (on the sidewalk). At check-in, the student will show the faculty member their EDVERUM green pass on their phone. The green pass will give the faculty members the okay to let the student on campus.

All students cleared will be allowed access to SHHS property and directed to go to the designated areas. There is no access to the school building prior to the bell. Student check-in is from 6:45am until 7:50am (On Wednesday 6:45am to 8:20am). At the designated time (above) Mozart gate will close!

Students arriving late will be asked to enter the school property on Griffin. (Main Entrance). Please have the student show the office personnel the EDVERUM green pass to enter the building. Students arriving before 6:45am must wait outside the Mozart Gate unsupervised.

Please Note: Sports Teams that practice before the start of 6:45am check-in time; will need to do their own separate screening.

SHHS Employees: self-screen at home, prior to leaving the house just like students!

## 2)TESTING

Sacred Heart High School is in the early stages of partnering with Heluna Health to provide a weekly, on campus testing option! One of the challenges of controlling COVID-19 is that asymptomatic and pre-symptomatic individuals can spread the infection. An estimated 30-60% of infected individuals are “silent spreaders” (contagious without realizing they have the virus). Identifying asymptomatic and pre-symptomatic COVID-19 infections in staff and students can help prevent and mitigate outbreaks in schools. This antigen testing program at SHHS is primarily designed to test asymptomatic students and staff and detect cases that might not otherwise be identified. Testing for this program is reserved for students, staff, coaches and volunteers of the SHHS.

The antigen tests will take place Friday afternoons prior to leaving for the weekend. Antigen tests are less sensitive than molecular tests (PCR tests) and may not detect infections in asymptomatic individuals. However, antigen tests are likely to detect those who are the most infectious. Importantly, the antigen tests are performed at SHHS and the results are available rapidly.

SHHS will utilize **Primary** to report quantitative data to Heluna Health. Once the results are collected and the data uploaded, SHHS and the individual will receive the results (Friday or Saturday). In addition, Heluna Health will share this data with LA public health officials.

A positive test result will require an additional test before coming on to campus. The individual with a positive test result will need to undergo a PCR test. Molecular testing is highly sensitive (unlikely to be falsely negative) and specific (unlikely to be falsely positive). Molecular testing needs to be performed in specialized laboratories and results are generally available in 1-2 days.

A subsequent positive test result will trigger the SHHS COVID-19 Exposure Management Plan. A negative test result will green light the individual to return to campus.

### **3) VENTILATION and CLEANING**

Doors and windows are kept open during the school day.

HVAC systems and filters have been regularly maintained and are in proper working order.

Sacred Heart High School will:

- \*Disinfect and clean the desks of students after every class.
- \*High Volume areas will be cleaned frequently
- \*Microwaves after every use
- \*Utilize a disinfectant mister at least twice a week afterschool.

### **4) VACCINATIONS**

“Being vaccinated with vaccines authorised by the competent authorities is an act of love...I pray to God that everyone may contribute their own small grain of sand, their own small gesture of love; no matter how small, love is always great. Contribute with these small gestures for a better future!” - Pope Francis - August 18, 2021

### **COVID-19 VACCINATION IS THE FIRST LINE OF DEFENSE**

Achieving a high vaccination rate on your school campus is the first and best way to lower risk of infection and transmission at your school, greatly decrease risk of severe illness, hospitalization and death in those who are fully vaccinated, and provide an additional layer of protection for those who are not currently eligible for vaccination (e.g., all students younger than 12 years of age). For this reason, in addition to all requirements and recommendations written in this protocol, schools are urged to adopt strategies that normalize, promote and facilitate COVID-19 vaccination for all eligible staff and students on your campus.

COVID-19 vaccines are safe, effective and the best way to protect yourself, your classmates, your teachers, and your family. The risk is still real. Get vaccinated.

SHHS Employees: On August 11<sup>th</sup> the California Department of Public Health issued an updated health order stating that **all public and private school workers (paid and unpaid-this includes all parent volunteers)** will need to **demonstrate proof of a COVID-19 vaccination or be subjected to weekly COVID-19 testing**. This order **applies to all Catholic schools in the ADLA. All schools are expected to be in compliance by October 15, 2021.**

## **5)MASKING**

PER LA PUBLIC HEALTH: indoor masking requirement for everyone at K-12 schools regardless of vaccination status. Must cover the nose and mouth.

No Mask = No entry to our campus!

Students and staff will be required to wear a mask at all times indoors. SHHS masks are encouraged. Other cloth masks, deemed appropriate by the administration will be allowed. Masks will be provided by the school but students should carry emergency disposable masks in their backpacks. Students may remove their masks to eat and/or drink. If a student is at a distance of six feet or more, she may remove her mask for a few minutes.

Mask Breaks (students and teachers): Are allowed. Only one student per classroom at a time.

SHHS Employees: All staff **must** wear a face mask at all times when indoors, except: when working alone in private offices with closed doors; when they are the **only** individual present in a larger open workspace for multiple employees; or when eating or drinking.

## **6)TRAVEL RESTRICTIONS**

Sacred Heart will follow and abide by the travel restrictions mandated by the CDC. If you travel, please let the front office know. Traveling could pose a risk to your school community if you do not follow the CDC guidelines.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

## **7)VISITATION LIMITS**

Visitors should screen for symptoms at home prior to arriving at school. Use the checklist published from LA Public Health. If you are experiencing any symptoms or have been exposed to someone with COVID-19, please do not enter our school campus. We ask for honesty. No parents will be allowed past the main lobby. Parents will be allowed on the school campus only via the main entrance of Griffin from 9:00 am until Noon. Parents will check-in at the main doors.

Check-in consists of taking your temperature and asking you a series of COVID-19 screening questions. A temperature of 100.4 will trigger the employee to send you back outside.

We suggest you send any correspondence with your daughter. If you need to make a payment, we suggest over the phone with Ms. Jaurgei or online.

No in-person meetings (only in case of emergency as deemed by the administration). All conferences will take place via Zoom or the telephone.

A record of visitors inside the school will also be kept and the time the visitor entered and exited the building. No delivery food app will be allowed.

## **8)NOTIFICATION/EXPOSURE MANAGEMENT**

If your daughter tests positive or has been exposed to someone on campus, the school office or the SHHS COVID Compliance Team will notify the Archdiocese, LA public health. SHHS, in consultation with the Archdiocese and LA public health, will determine which additional guardians/parents/households get notified.

Possible scenarios:

**Scenario I: Student is not feeling well.**

<i>IF AT HOME:</i>  Students who are not feeling well and display any symptoms remotely associated with a COVID-19 infection, <b>MUST NOT</b> come to campus. Associated symptoms include: fever, headache, sore throat, cough, runny/stuffy nose, nausea/vomiting, diarrhea, loss of taste/smell.	<i>IF ON CAMPUS:</i>  Students who are not feeling well and display any symptoms remotely associated with a COVID-19 infection <b>MUST</b> inform their teacher. Students will be isolated from others and parents will be notified that their son/daughter must be picked up from campus immediately.
--	--



Students who display the symptoms listed above should seek a COVID-19 PCR test to determine their infection status.



Students who test **positive** for COVID-19 are expected to notify the school immediately so that appropriate contact-tracing can be performed.

Students who test positive must remain off campus and self-isolate at home for ten days from the onset date of symptoms, must be fever-free for at least 24 hours, must experience an improvement in symptoms, and must obtain a licensed physician's clearance in order to return to school.

Students who test **negative** for COVID-19 may return to school provided there has been an improvement in symptoms in addition to being fever-free for at least 24 hours.

As a general reminder, students should not come to school when ill, regardless of a COVID-19 negative test.

**Scenario II: Student is identified as a close contact to a positive COVID-19 case on campus. The school will notify a parent and advise based on the student’s vaccination status.**

<p><b><i>IF STUDENT IS FULLY VACCINATED:</i></b>            (2 weeks post-second dose Pfizer/Moderna or post-single dose J&amp;J)</p> <p>Fully vaccinated students identified as a close contact may continue to come to school, but should monitor for the development of COVID-19 related symptoms for up to 14 days.</p> <p>If symptoms develop, a COVID-19 PCR test should be administered to determine infection status.</p> <p>Students who test positive must remain off campus and self-isolate at home for ten days from the onset date of symptoms, must be fever-free for at least 24 hours, must experience an improvement in symptoms, and must obtain a licensed physician’s clearance in order to return to school.</p>	<p><b><i>IF STUDENT IS NOT FULLY VACCINATED or IS UNVACCINATED:</i></b></p> <p>Unvaccinated or non-fully vaccinated students identified as a close contact must quarantine away from campus and monitor for the development of COVID-19 related symptoms. If symptoms develop, a COVID-19 PCR test should be administered to determine infection status.</p> <p>Students who do not develop symptoms may take a COVID-19 PCR test on the 6<sup>th</sup> day following the date of last exposure to the positive COVID-19 case. If the test results are negative for COVID-19, the student may return to school on the 8<sup>th</sup> day following the date of last exposure to the positive COVID-19 case.</p>
--	---

Please note: Once a student tests positive for COVID-19, the full protocol for self-isolation from campus must be followed. Seeking further tests in which a negative result is later obtained does not abbreviate the required ten-day minimum isolation period associated with the initial positive test result.

**In Summary:**

- 1) Isolate cases with isolation instructions
- 2) Identify close contacts
- 3) Notify contacts with quarantine instructions
- 4) Report cases and close contacts LA Archdiocese/LADPH